

# OVERCOMING THE FEAR OF MAN

Proverbs 29:25

## TRAPPED

Ed Welch says ....“Fear” in the biblical sense...includes being afraid of someone, but it extends to holding someone in awe, being controlled or mastered by people, worshipping other people, putting your trust in people, or needing people.”

We typically fear people because they have the ability to expose, humiliate, reject, and ridicule us. When we do this, we are removing God from the throne and putting people in His place. We are giving the power for people to tell us what to feel, what to think, and do.”

When we fear people we tend to have one, some, or all of these going on in us....we can be shy, have control issues, be insecure, be overly sensitive, avoid people, be self-conscious and easily embarrassed. We can be codependent, gossip about others, defensive, fear failure, and/or don’t handle rejection well. Which one do you struggle with?

Proverbs 29:25a

## TRUST THE LORD

The solution to our sin problem of fearing man is to trust the Lord. To trust Him is to know Him. Do you truly know God, or just simply know of Him? The demons know Jesus. Judas knows Jesus. If we truly know God then we trust Him, we will believe that He will be with us.....always wherever you may go (Matthew 28:20 // Joshua 1:9)

If fearing people or people pleasing is something you do then here are some actions steps moving forward....

- 1. Confess that it is a trap. (James 5:16 // 1 John 1:9)
- 2. Repent (Acts 3:19 // Matthew 3:8)
- 3. Hold thoughts captive (2 Corinthians 10:5)
- 4. *Put off* fearing people, *put on* trusting the Lord. (Ephesians 4:22-24)

To the redeemed people of God, do you know, believe and trust the Lord?

- God doesn’t lie, it’s impossible (Hebrews 6:18). So we can trust Him.
- He says that He is with us, will strengthen us, empower us, help us, and hold us in His righteous right hand. (Isaiah 41:10)
- God has given a Spirit of power, love and self-control and not of fear (2 Timothy 1:7)
- Spirit of truth lives and dwells with you and in you. (John 14:16-17)
- God is your safe place and power right now and forever. (Psalm 46:1)
- The Lord leads you, is with you and will not leave or forsake you so you don’t have to fear. (Deuteronomy 31:8)

When we trust His promises, we trust Him and we are safe!

Joshua 1:9 // Isaiah 41:10 // Zephaniah 3:17 //  
Psalm 23:4 // John 1:14 // Psalm 27:1 // Matthew 28:19-20

# NOTES:

## This Week’s Scripture to Memorize:

Psalm 46:1

God is our refuge and strength, a very present help in trouble.

# ARE YOU NEW HERE?

## WELCOME TO LIFE MISSION!

We’d love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you’ll **join us next Sunday** and consider making us your church family.

## WHAT ABOUT THE KIDS?

Our childrens’ ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at [amber@lifemission.tv](mailto:amber@lifemission.tv)**

## JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not “graduate the faith” when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at [tyler@lifemission.tv](mailto:tyler@lifemission.tv)**.

## Contact Us

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## COMMUNITY GROUP HOMEWORK

Before your group starts, is there anyone who can share the **Memory Verse**?

Read **Proverbs 29:25**. What stands out to you in this passage, and what stuck out to you most from the sermon on Sunday?

People who fear people tend to have one, some, or all of these....shy, control issues, insecure, overly sensitive, avoid people, self-conscious, easily embarrassed, codependency, given to gossip, defensive, fear failure, and/or don't handle rejection well. Which one do you struggle with?

### Preaching the Gospel to Yourself

From the moment we wake up, we listen to ourselves more than we listen to anyone else. We are always preaching some kind of message to ourselves. Read Isaiah 41:10, Zephaniah 3:17, Deuteronomy 31:8. If you struggle with the fear of man, which promise of God do you need to mediate, believe and preach to yourself right now?

### Repent and Confess

When we fear man, or try to please people we are putting them in the place of God and in a sense worshipping them, exalting and believing that they can give us what only God can. Once we realize our sin, we can confess and repent by replacing the "little g" God and trust in the One true God. If you struggle with fearing people, why? If you desire to have the approval of others, why? Spend time thinking through why you do it, then confess to the Lord your sins.

### Ask for Provision

What is it that you need to ask for to help you overcome the fear of man? What do you need to be able to actually live out and believe this week's memory verse.... "So we can confidently say, "The Lord is my helper; I will not fear; what can man do to me?"

### Your Life Mission

Read Matthew 28:19-20. In the final words of Jesus to the disciples He commands them to make disciples but also says that He will always be with them. How can your group be praying for you in this pursuit?

End the evening in a time of prayer, praying through the theme of the night using the **P.R.A.Y.** model with your group. Make sure to end your time of prayer **Yielding with Thanksgiving** for God's sovereignty and plan for your life.



# LIFE MISSION

## CHURCH

**MAKING DISCIPLES WHO MAKE DISCIPLES LOCALLY AND GLOBALLY,  
WHO ARE SAVED, EQUIPPED, AND SENT BY THE GOSPEL.**



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Proverbs 29:25 // November 11, 2018

### SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School  
207 E Pennsylvania Ave, Escondido 92025

**GET TO KNOW MORE ABOUT US ONLINE**

**LIFEMISSIONCHURCH.COM**

