

MORE THAN WE CAN HANDLE

Psalm 118.13-16 // January 19, 2020

STRENGTH THROUGH WEAKNESS

When you get to the end of yourself,
You get to the beginning of Christ.
-C.H. Spurgeon

2 Corinthians 1.8-11, 4.7-11 // Romans 5.3-5

When it comes to physical training, it is the forces of gravity and resistance that we engage with and battle in order to built long term strength. But in the short term, it is those same forces that tire us, deplete us of energy, and force us to stop working. Similarly, spiritual resistance and trials and sufferings, though they deplete us in the short term, they work to help us find true strength as we come to the end of ourselves and depend on the strength of the Lord.

NEED FOR ENCOURAGEMENT

There will be a day when every tear will be wiped from our eyes, but that day is not today. So in the meantime, in our weaknesses, we weep, we mourn, and we pray. Even the Lord Himself wept while living in this fallen world.

Some things we never get over.
Rather, God gets us through them.
-Pastor Zack Eswine

Hebrews 10.24, 25 // Matthew 5.14-16 // Galatians 6.9, 10

THE SUFFERING SERVANT

Amidst our suffering, we can bring to mind the Jesus of Gethsemane, and the Jesus of Calvary. We look to Him as our example, who “for the joy that was set before Him, endured the cross.” He came in order to finish what He started in us. We were chosen in Him before the foundation of the world, and the cross finalized and sealed that appointment.

We may feel bound by our circumstances, bound by our suffering, handcuffed in trials, but the Word of God and the promises contained in it are not bound. Our Lord is not bound. Rather, He has broken the bonds of sin and death, and we can know that His Word and His promises are eternally fixed in the heavens.

Hebrews 12.1-3 // 2 Timothy 2.8-10

Ordinary mourners sip at suffering’s bowl.
Christ drinks it dry.
-C.H. Spurgeon

NOTES:

This Week’s Scripture to Memorize:

John 8:36
So if the Son sets you free, you will be free indeed.

Elder Candidates
Tyler Willis and Casey Barnes

ARE YOU NEW HERE?

WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at amber@lifemission.tv**

JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not "graduate the faith" when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at tyler@lifemission.tv**.

Contact Us

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COMMUNITY GROUP HOMEWORK

Before group starts, who can share the Memory Verse?

Read Psalm 118.13-16. What stands out in this passage, and what stuck out to you most from the sermon on Sunday?

Preaching the Gospel to Yourself

In all of our suffering, and in particular the trials we have witnessed this week in our church family, it is amazing that there is always glimmers of the Good News. What promises of the Gospel did you most cling to this week?

Repent and Ask for Provision

When it comes to times of suffering, one of the biggest and most important prayers we can pray is from Mark 9.24: "Lord I believe, help my unbelief." On top of this, what do you most struggle with when it comes to working through times of hardship in your own life? What might you ask God for help with?

Your Life Mission

Spend some time giving God thanks, but also praying and asking Him for more favor for our church family. Ask Him for help in shaping us more and more into people of compassion, care, and most importantly, prayer. Ask Him to help us deepen our love, faith, and commitment to the Gospel and preaching it to ourselves and others.

End the evening in a time of prayer, praying through the theme of the night using the P.R.A.Y. model with your group. Pray for those in your life that God has brought for you to be an ambassador of His Kingdom. Make sure to end your time of prayer Yielding with Thanksgiving for God's sovereignty and plan for your life.



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SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School
207 E Pennsylvania Ave, Escondido 92025

GET TO KNOW MORE ABOUT US ONLINE

LIFEMISSIONCHURCH.COM

