

THE SECRET OF CONTENTMENT

Philippians 4.10-13 // January 26, 2020

HOW NOT TO FIND CONTENTMENT

How would you finish the sentence, "contentment is..." Would it be a place, an environment, an emotional state?

Contentment is the direct fruit of having no higher ambition than to belong to the Lord at His service.
-Sinclair Ferguson

Christian contentment is that sweet, inward, quiet, gracious frame of **spirit, which freely submits to and delights in God's wise and fatherly choices** in every condition.
-Jeremiah Burroughs

THE SECRET OF DISCONTENTMENT

We must **learn how to judge God's goodness** not based on our circumstances, but on the cross of Christ.

In the recipe of every sin is discontentment. We want something more of something different. From Lucifer's sin to be like God, to Adam and Eve's sin to wanting the one thing that was held from them, we want more or different. But what we don't realize is that part of our discontentment comes from not understanding the "why" of God. Why does He *really* want to withhold the knowledge of good and evil from us? Why does He *really* allow the events in our lives? We become discontent.

ACTION REQUIRED

Contentment is learned, it doesn't just "happen" to you. We must learn to trust. But this is hard, because what we really want is not contentment, but we want immunity from pain and sorrow. We want sovereignty, even sovereignty from God.

Three Things Discontentment Reveals About You:

1. Lack of Thankfulness
2. Arrogance
3. Greed or Lust

James 1.2-4 // Philippians 3.7-10 // 2 Corinthians 12.8-10

When You are Discontent, Do These Five Things: from Jon Bloom

1. Stop: Stop complaining, surfing the web, and thinking of what you don't have.
2. Look: What are you looking at? What are you beholding?
3. Think: Where did you get off track? Where has your mind and heart gone to?
4. Confess: Speak to God, admit that you have believed a lie.
5. Thank: Thank Him for the Good News of Jesus, His mercy, love, and care.

NOTES:

This Week's Scripture to Memorize:

Philippians 4:4
Rejoice in the Lord always; again I will say, rejoice.

Elder Candidates
Tyler Willis and Casey Barnes

ARE YOU NEW HERE?

WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at amber@lifemission.tv**

JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not "graduate the faith" when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at tyler@lifemission.tv**.

Contact Us

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COMMUNITY GROUP HOMEWORK

Before group starts, who can share the Memory Verse?

Read Philippians 4.10-13. What stands out in this passage, and what stuck out to you most from the sermon on Sunday?

Preaching the Gospel to Yourself

"We must to learn how to judge God's goodness not based on our circumstances, but on the cross of Christ." What specific truths of the cross do you need preached to your heart, mind, and discontentment to help you get out of the rut of discontentment?

Repent and Ask for Provision

How did you *really* finish the sentence, "contentment is..." Or, if you could change one or two things about your life that you believe would bring contentment, what would those be? What lies do you think are being whispered to you that you are believing, and what actions must be taken to repent of a discontent heart?

Your Life Mission

The world around us would not have a desire to follow a God whose followers are discontent. This simply shows that this God does not satisfy. But the world stands in amazement when it sees followers of Christ who truly believe and live out that everything compared to knowing Him is rubbish, utter trash.

What conversations are coming up that you need prayer for, that you would have love, compassion, and boldness to share the Gospel with?

End the evening in a time of prayer, praying through the theme of the night using the P.R.A.Y. model with your group. Pray for those in your life that God has brought for you to be an ambassador of His Kingdom. Make sure to end your time of prayer Yielding with Thanksgiving for God's sovereignty and plan for your life.



MAKING DISCIPLES WHO MAKE DISCIPLES LOCALLY AND GLOBALLY,
WHO ARE SAVED, EQUIPPED, AND SENT BY THE GOSPEL.



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SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School
207 E Pennsylvania Ave, Escondido 92025

GET TO KNOW MORE ABOUT US ONLINE

LIFEMISSIONCHURCH.COM

