

WHAT IS LITURGY?

Romans 12.1, 2 // January 5, 2020

FORMED BY HABITS

A Duke University study claimed that 40% of all we do in a day is from habit. The reason we may not recognize that is because, well, they are habits. Habits shape us and form us, more than we actually shape and form habits. Most of our habits we “fell into,” and strengthened over lots of repetition.

We are not born to worship.
We are born worshipping.

If we are not in the pursuit of transforming our minds for the purpose of godliness, *something else* will be conforming us to its own image. This is why we ought to think of habits as the “liturgy of life.”

LITURGY: HABITS EXPOSED

Liturgy: a pattern of actions done repeatedly as an act of worship, or in order to facilitate worship.

The difference between habit and liturgy is that we admit that liturgy is for the purpose of worship.
– Justin Earley

Our actions are not neutral. Our hearts are always in gear, always moving forward toward something or someone. The recognition of our habits as liturgy helps us determine where it is our hearts are headed toward. Are we being conformed into the image of our King Jesus? Or are our habits conforming us to the image of lesser kings, idols, and worldly longings?

SWIMMING AGAINST THE CURRENT

1 Timothy 4.7-10

Habits, as well as liturgy, could be called “reps.” Spiritual, emotional, or physical repetitions that are used to train (and re-train) us for the purpose of being proactive, intentional, and on the offensive to work toward godliness. We start small but be as consistent as possible so that it becomes like muscle memory.

Limitations, not freedom, enables us to be more productive and effective in our pursuit of godliness.

We must take an active role in the forming of our habits if we recognize that our habits will be forming us. To prepare for Him room in our hearts and lives, we must learn to plan purposeful neglect so that we can be a continual living sacrifice for our King.

NOTES:

This Week’s Scripture to Memorize:

Philippians 4:8

Finally, brothers, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is commendable, if there is any excellence, if there is anything worthy of praise, think about these things.

Elder Candidates

Tyler Willis and Casey Barnes

ARE YOU NEW HERE?

WELCOME TO LIFE MISSION!

We'd love for you to **fill out a Connection Card** so we can welcome you and answer any questions you may have. You can drop it in the offering basket during the service or take it to one of our teammates at the **Connection Booth** outside. Feel free to grab some coffee and snacks in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

WHAT ABOUT THE KIDS?

Our childrens' ministry, which we call **Kids on Mission**, has classes for **newborns - 5th grade**. We have a great team of volunteers who have all been screened with background checks for extra security. Each week your child will get to **worship** with their class, followed by an **age-appropriate lesson** that points them towards Jesus and helps root them in the Word of God.

Visit our website to read more about the vision of Kids on Mission and a walkthrough of our curriculum. If you have any questions, email **Amber Willis at amber@lifemission.tv**

JUNIOR HIGH & HIGH SCHOOL

Our **6th - 8th graders** begin each Sunday by **worshipping with the adults** and then head to their classroom with their teacher and classmates for the rest of service. Visit our website to read more about our junior high ministry and a walkthrough of our curriculum.

Our **9th-12th graders stay in the service** with the adults because we believe that it is crucial for them to not “graduate the faith” when they graduate high school.

For more information about our Junior High & High School ministries, email **Tyler Willis at tyler@lifemission.tv**.

Contact Us

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COMMUNITY GROUP HOMEWORK

Before group starts, who can share the Memory Verse?

Read Romans 12.1, 2. What stands out in this passage, and what stuck out to you most from the sermon on Sunday?

Preaching the Gospel to Yourself

What aspect of the Gospel do you find in this passage that gives you a greater desire to pursue godliness and the renewing of your mind?

Repent and Ask for Provision

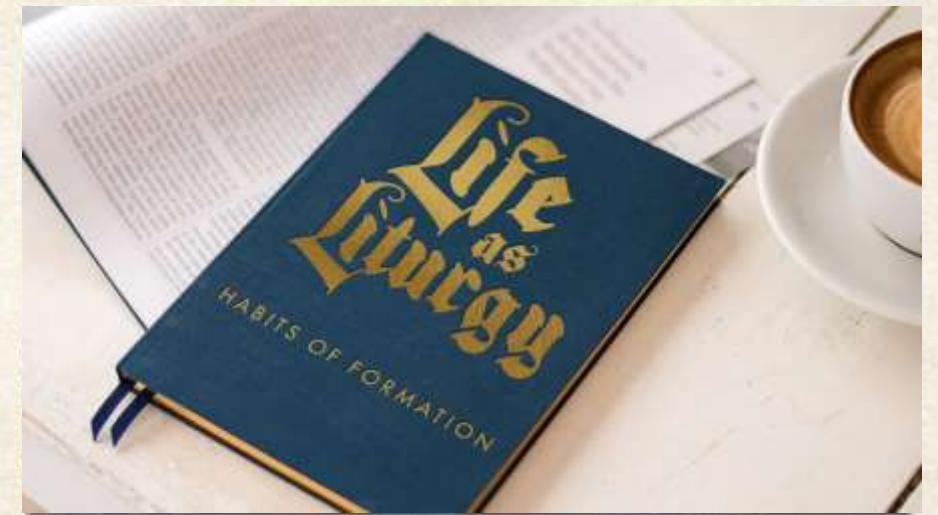
Take an inventory of your habits. What are some habits that you do that you didn't necessarily choose? What are some habits that you have just recognized even exist, that you didn't notice before this sermon? What thoughts do you have on how you will approach fixing these bad habits, as well as forming new ones?

Your Life Mission

The pursuit of godliness and the renewal of our mind must be collaborative and communal. Though there are many habits that we can form on our own, so many are difficult, at times even impossible, to form in isolation. Where do you need help in forming certain habits? Ask your Community Group for help, commit to some of these together, or with a couple friends or a spouse.

What conversations are coming up, maybe over Christmas, that you need prayer for, that you would have love, compassion, and boldness to share the Gospel with?

End the evening in a time of prayer, praying through the theme of the night using the P.R.A.Y. model with your group. Pray for those in your life that God has brought for you to be an ambassador of His Kingdom. Make sure to end your time of prayer Yielding with Thanksgiving for God's sovereignty and plan for your life.



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SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School
207 E Pennsylvania Ave, Escondido 92025

GET TO KNOW MORE ABOUT US ONLINE

LIFEMISSIONCHURCH.COM

