

PREACHING THE GOSPEL TO OURSELVES

Psalm 103

PREACHING TO SELF

Psalm 103

Psalm 103, along with others, gives us an example of meditation that is different than most of the other Psalms. In this one, David is writing and directing this Psalm to himself, as a form of self-preaching. The theologians of yesteryear called it “soliloquy,” which is akin to talking or muttering to yourself, and in this case, preaching truth to yourself.

Our problem is that our default position is to “listen to ourselves,” rather than “preach to ourselves.” We default by meditating on things that discourage or worry us. So here, David begins with the command to self to “bless the Lord, O my soul!” To “bless the Lord” is to honor Him by delighting in Him and recognizing Him with thanks and praise.

WAYS WE PREACH TO THE SOUL

Memorization: one of the great strengths of memorization is that informs, shapes, and gives perspective to every other aspect of life, from your prayer life, giving counsel to friends, sharing your faith with non-believers, and, most importantly, deepening your love and passion for Jesus.

Proverbs 7.1-3 // Psalm 119.9-11 // James 1.22-26
John 17.17, 8.31, 32, 15.10, 11

People: There are many times we find ourselves too weak, dry, apathetic, beat up, obstinate, discouraged, or hard hearted. In these moments, we need people to help us meditate. We need the Gospel from the body of Christ and the prayers of the body of Christ that point us back to the truth of God.

Ephesians 5.18-21 // Colossians 3.16, 17

Song: The bible calls us, commands us even, to sing, and to sing together. We come to and sing to respond to God, and we sing as a gift to God but also as a means to preach to self and preach to others.

FINDING JESUS IN THE PSALMS

Ultimately, these Psalms help us to respond to the Lord and have our minds, hearts, attitudes, and perspective shaped by the truth of God. Through the Psalms, we can praise the Lord either by singing to Him, or singing about Him. Similar to our human relationships, we can either praise someone directly to them, or we can praise them in front of other people. Either way, this is how we “bless” them.

As no doubt you can already see, these ways we “preach to self” are not only ways that we praise God, but they also aren’t clean delineations. They blend with each other. We sing songs, yes, but we sing together. We sing songs together that have truths we have memorized, and the songs help us memorize them. All of this is by God’s design, that our lives and hearts might be shaped by Him and His truth, rather than temporary circumstances that will come and go.

Praising Him helps us enter the real world.

-CS Lewis

NOTES:

Upcoming Sermons:

Next week we will be looking at God’s holiness as a theme we find in the Psalms, and as a means of focus for praising God. Then in the sermons following that, we will look at repentance, Psalms of sorrow and suffering, and asking God for provision and help.

This Week’s Scripture to Memorize:

Psalm 111:9

He sent redemption to his people; he has commanded his covenant forever. Holy and awesome is his name!

ARE YOU NEW HERE?

WELCOME TO LIFE MISSION CHURCH!

We’d LOVE for you to fill out the **Connection Card** on your seat to let us know you were here today. You can drop it in the offering during service or take it to one of our teammates at the **Connection Booth** outside - we’d love to give you some welcome information. Feel free to grab some food or coffee out in the courtyard and hang out. We hope you’ll **join us next Sunday** and consider making us your church family.

SERVING OPPORTUNITIES

If you’ve ever taken your child to one of our **Kids on Mission** classes, or enjoyed a cup of coffee after service, chances are there was a faithful servant behind each of those examples. Serving is one of the **most fun & rewarding ways we experience community** with our church family! **Fill out a connection card** to learn about the serving opportunities available today.

COMMUNITY GROUPS

The best way to **get connected** in the church is by joining one of our **Community Groups!** You’ll forge friendships, be encouraged, and take the sermon deeper into your heart every week. **Sign up for a Group** on a **Connection Card** or visit the **Connection Booth**. You won’t regret it!

GIVING

Gospel-centered generosity is motivated by a heart of thankfulness because of the sacrificial love God has already shown us. If you call **Life Mission** your home, you can place your gift in the offering baskets during service, give online at **lifemissionchurch.com/give** or mail a check to our PO Box. Thank you so much!

KIDS ON MISSION

Our **Kids on Mission** ministry has classes for **newborns – 5th grade**. Visit our website to read more about the vision and plan we have for our kids, including Pastor Jobey’s heart for the ministry and his walkthrough of our curriculum. For questions about KOM email **Katie McGinty** at **katie@lifemission.tv**

JUNIOR HIGH STUDENTS

Our **6th - 8th graders** worship with the adults and then head to the junior high room with their teacher and classmates for the rest of service.

HIGH SCHOOL STUDENTS

Our **9th - 12th graders** stay in the service because we believe that it is critical for them to not “graduate the faith” when they graduate school. Our **High School Ministry meets on Thursday Nights @7PM at Casey & Amy Barnes Home in San Marcos**. For directions and/or questions about our student ministries, contact **Casey Barnes** at **casey@lifemission.tv**.

VISION: WHY DO WE EXIST?

We want to see God's glory known among the nations, to the least, last, and lost.

MISSION: WHAT DO WE NEED TO DO?

We need to make disciples who make disciples locally and globally, who are saved, equipped, and sent by the Gospel.

STRATEGY: HOW WILL WE DO IT?

By teaching people how to be rooted in the Gospel of God's glory through the Word of God, Prayer, and Gospel Community.

CONTACT US:

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YouTube.com/LifeMissionTV

COMMUNITY GROUP HOMEWORK

Before discussion begins, is there anyone who can recite the memory verse?

Read Psalm 103. What impacted you the most from these verses or from Sunday's message? _____

Now read Proverbs 7:1-3, Psalm 119:9-11, James 1:22-26, John 17:17, John 8:31-32 and John 15:10-11. For the past few weeks, we've been learning about the importance of meditating on and memorizing Scripture. What are some of the benefits to memorizing the Word? And why is it so important? _____

One of the big reasons that preaching the Gospel to yourself is so important is because we so often "listen to lies" instead of believe the truth. When this happens, where do you run? How can you discipline yourself to store the Word in your heart (Psalms 119:9-11) so that you can preach to yourself instead of listen to yourself? _____

Read Colossians 3:16-17. Who have you been encouraging lately and being a blessing to with words of blessing? How are you helping them "treasure up" (Proverbs 7:1-3) the Word? Is someone else encouraging you? If not why and if not where can you start? _____

Psalms 96:1-2 says "Sing to the LORD a new song; sing to the LORD, all the earth! Sing to the LORD, bless his name; tell of his salvation from day to day!" In these two verses "sing to the Lord" is mentioned 3 times! If singing to the Lord is so important than why do so many Christians show up to church in the middle of the first or second song during morning worship? How can you help show others the value in "singing to the Lord" collectively as a church body on Sundays? _____

What are some of your favorite worship songs? What is your favorite line or verse of that song and why? _____

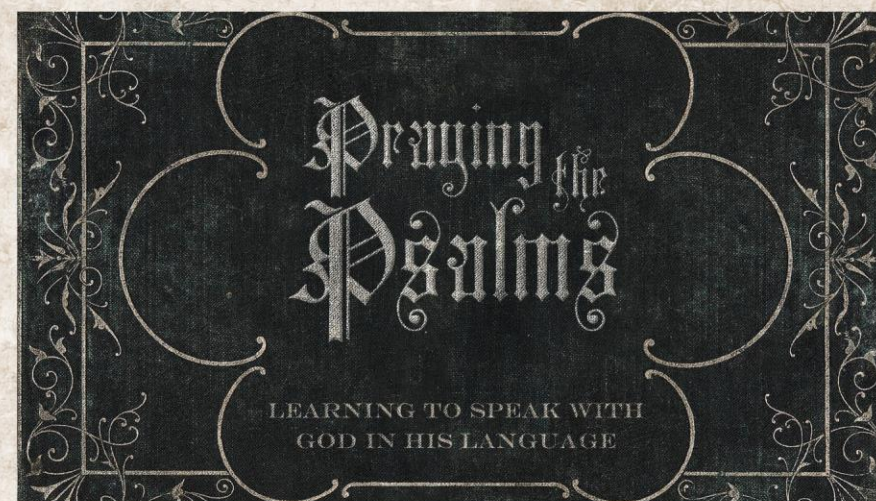
Spend some time as a group praying together, praising God together, and encouraging one another in prayer. Consider taking sections of Psalm 103 and having a few people "pray" those truths among the group.



LIFE MISSION
CHURCH

Pastor Jobey McGinty
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**Making Disciples Who Make Disciples Locally and Globally,
Who are Saved, Equipped, and Sent by the Gospel.**



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Psalm 103 // February 12, 2017

SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School
207 E Pennsylvania Ave, Escondido 92025

