

CONFESSION, REPENTANCE, AND JOY

Psalms 32, 51, and 6

THE GOAL OF REPENTANCE

Psalms 32

- There are three commands in **Psalms 32**:
- Pray while God may be found
 - Don't be like a mule who lacks understanding
 - Be glad in the Lord, rejoice, and shout for joy.

The goal of repentance is not to make you pay.
The goal is to make you glad.

PRAYING UGLY PRAYERS OF REPENTANCE

First, it's important to note that repentance isn't so much a prayer itself or what you say. "Confession" is the spoken part that comes before repentance. First we confess, then we repent, in other words, then we turn away from our sinful ways. We confess our sin and ask God to give us a repentant heart, a will, desire, and strength to actually act upon our confession. That is what a prayer of repentance is.

God is more comfortable with you
pouring out your heart to Him than you are.

Our prayers must have "no deceit" (**verse 2**). Confession is not just admitting what you have done, but it is confessing it for what it really is: vile, repulsive sin against God.

Psalms 51.1-4 // Psalms 32.5-11 // Psalms 6

When sin is wasting you away on the inside, you should not expect to have neatly organized prayers. It will be messy and ugly when you unleash true confession and prayers for repentance. It is better to offer up ugly prayers with no deceit than to offer perfectly crafted religious prayers that just tend to cover over the filthiness of sin.

WHERE WE GET OUR CONFIDENCE

The New Testament not only echoes the claims of David, but also gives more clarity. If David's musing in Psalms 32 and 51 seem potentially like he is wishfully thinking or assuming that the Lord doesn't desire sacrifice or payback, Paul will remove any doubt we have of David's claims.

Romans 4.1-8

Don't fear what others may think of your ugly confession.
You won't be standing before them in the day of judgement.



NOTES:

Upcoming Sermons:

Next week we will look at how the Psalms teach us to pray in times of tragedy and trouble. What hope do the Psalms give us, and how do they give us words to cry out to God?

This Week's Scripture to Memorize:

Psalms 86:4-5

⁴ Gladden the soul of your servant, for to you, O Lord, do I lift up my soul. ⁵ For you, O Lord, are good and forgiving, abounding in steadfast love to all who call upon you.

Will You Pray With Us?

Follow along in our Daily Prayer Journal by downloading the **PrayerMate App**, available on both **iOS** and **Android** phones. Go to our website for detailed instructions on how to subscribe to the app, to be praying with us daily, as well as reading through our **Weekly Memory Verse** and our **Morning and Evening Psalms Reading**.

LifeMissionChurch.com/psalms/

ARE YOU NEW HERE?

WELCOME TO LIFE MISSION CHURCH!

We'd LOVE for you to fill out the **Connection Card** on your seat to let us know you were here today. You can drop it in the offering during service or take it to one of our teammates at the **Connection Booth** outside - we'd love to give you some welcome information. Feel free to grab some food or coffee out in the courtyard and hang out. We hope you'll **join us next Sunday** and consider making us your church family.

SERVING OPPORTUNITIES

If you've ever taken your child to one of our **Kids on Mission** classes, or enjoyed a cup of coffee after service, chances are there was a faithful servant behind each of those examples. Serving is one of the **most fun & rewarding ways we experience community** with our church family! **Fill out a connection card** to learn about the serving opportunities available today.

COMMUNITY GROUPS

The best way to **get connected** in the church is by joining one of our **Community Groups**! You'll forge friendships, be encouraged, and take the sermon deeper into your heart every week. **Sign up for a Group** on a **Connection Card** or visit the **Connection Booth**. You won't regret it!

GIVING

Gospel-centered generosity is motivated by a heart of thankfulness because of the sacrificial love God has already shown us. If you call **Life Mission** your home, you can place your gift in the offering baskets during service, give online at **lifemissionchurch.com/give** or mail a check to our PO Box. Thank you so much!

KIDS ON MISSION

Our **Kids on Mission** ministry has classes for **newborns - 5th grade**. Visit our website to read more about the vision and plan we have for our kids, including Pastor Jobey's heart for the ministry and his walkthrough of our curriculum. For questions about KOM email **Katie McGinty** at **katie@lifemission.tv**

JUNIOR HIGH STUDENTS

Our **6th - 8th graders** worship with the adults and then head to the junior high room with their teacher and classmates for the rest of service.

HIGH SCHOOL STUDENTS

Our **9th - 12th graders** stay in the service because we believe that it is critical for them to not "graduate the faith" when they graduate school. Our **High School Ministry meets on Thursday Nights @7PM at Casey & Amy Barnes Home in San Marcos**. For directions and/or questions about our student ministries, contact **Casey Barnes** at **casey@lifemission.tv**.

VISION: WHY DO WE EXIST?

We want to see God's glory known among the nations, to the least, last, and lost.

MISSION: WHAT DO WE NEED TO DO?

We need to make disciples who make disciples locally and globally, who are saved, equipped, and sent by the Gospel.

STRATEGY: HOW WILL WE DO IT?

By teaching people how to be rooted in the Gospel of God's glory through the Word of God, Prayer, and Gospel Community.

CONTACT US:

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COMMUNITY GROUP HOMEWORK

Before your group starts, is there anyone who can share the Memory Verse?

1. Read **Psalm 32** and **51**. What stuck out to you from this verse or from the sermon on Sunday? _____

2. Do you confess your sin regularly? And to who? Why is it important to confess our sin to one another? _____

3. If confessing our sin brings healing, what happens when we don't confess our sins? Read **Psalm 32:3-4** _____

4. **Psalm 32:9** talks about a horse/mule without understanding. Pastor Jobey explained this as a stubbornness in our confession. Can you think of a specific time when you have been too stubborn to confess? What was the outcome? _____

5. What is the difference between Admission and Confession? _____

6. If you have trouble confessing without deceit, what might your first confession look like? _____

7. Read **Luke 18:9-14** and **Matthew 6:7**. Now compare the prayers of the Pharisee's with David's prayer in **Psalm 6:1-10**. Are your prayers honest and messy like David's or are they more like the Pharisee's? _____

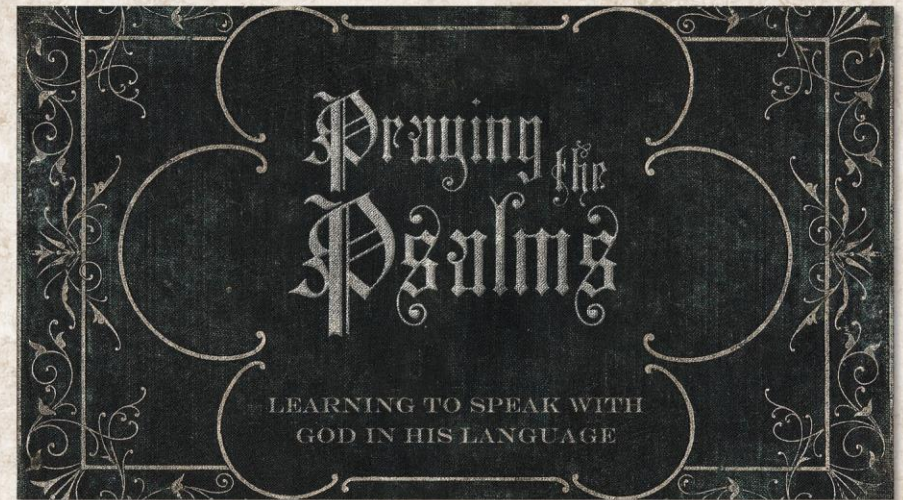
8. In your community groups pair up with someone to discuss your struggles and successes in confessing sin. Are your prayers more like David's or like the Pharisee's? Why? If you have sin that needs to be confessed, use this time to be honest with one another and God. Healing comes with confession. Encourage and pray for one another!



LIFE MISSION
CHURCH

Pastor Jobey McGinty
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**Making Disciples Who Make Disciples Locally and Globally,
Who are Saved, Equipped, and Sent by the Gospel.**



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Psalm 32, 51, and 6 // February 26, 2017

SUNDAYS AT 10AM

Life Mission Church Meets at Classical Academy High School
207 E Pennsylvania Ave, Escondido 92025



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