

CAST OFF YOUR WORRY

1 Peter 5.5-14

GOD IS FAITHFUL: 5.5-7

Clothe yourselves: from the beginning, God has been clothing us. In Adam's awareness of his sin and nakedness, God clothed him. In Christ's humiliation on the cross, He was yet clothed in His own righteousness. Now, even in our shame of sin, we can either wear our "filthy rags," or be clothed in humility and the righteousness of Christ.

RESIST THE ENEMY: 5.6-9

1 Corinthians 10.12, 13 // 2 Corinthians 1.8-10, 12.7-10

Casting cares: Peter, as we know, was a fisherman by trade. The word "casting" is commonly used as a fishing term. Fishermen would use a net that was weighted down in order to trap and capture fish. For us, our anxieties spread over us and weigh us down, trapping and capturing us.

Worrying is praying to yourself.

Pray instead to God, and let God do the worrying.

Isaiah 26.3, 4, 50.2, 59.1, 2 // Matthew 6.25-34 // Jeremiah 10.23

Worry, fear, sadness, and depression are smoke from the fires rising from the altars of idolatry.

-Augustine

GOD WILL RESTORE: 5.10-14

Restore: to be made complete, or to make right what was wrong, like a physician setting a broken bone.

Confirm: God will give us a solid position. Peter, who denied Christ, was made into an Apostle and great source of wisdom and strength for other believers.

Strengthen: God will continue to give us more and more strength as we surrender ourselves to Him. In our weakness we will be made strong when our hope is in Him.

Establish: To set an unmovable solid foundation.

Isaiah 41.10, 13

God helps those who can't help themselves.



NOTES:

ANNOUNCEMENTS:

LIFE MISSION AT CRUISIN' GRAND!

Mark your calendar for **Friday, May 31st!** The LMC band will be out at **Cruisin' Grand** playing our Celtic music set! Come out and enjoy the music, the cars, and the kettle corn!

SERMON CDs AVAILABLE

If you would like a copy of the sermon from today's service, go to the sound booth in the back right after service. They will make one just for you!

Also, make sure to not just watch, but also subscribe to our **YouTube Channel**, which is at [youtube.com/LifeMissionTV](https://www.youtube.com/LifeMissionTV). You will get notified AS SOON as our sermons and short videos go up online!

KIDS ON MISSION

Please log on to check out www.lifemissionchurch.com and click "Kids" at the top to read more about the vision and plan we have for our kids, including Pastor Jobey's heart and his walk through of our curriculum.

Also, the daily devotional book, **Long Story Short**, is available in the Atrium to purchase.



WANT TO GET CONNECTED?

- **JOIN A COMMUNITY GROUP!**

If you want to get connected to a group of people near your neighborhood, let us know by filling out the **Connection Card** or visiting the **Connection Booth** in the Atrium!

- **JOIN A MINISTRY TEAM!**

We would love to have you come serve our community with us. Let us know on our **Connection Card** that you want to help!

SAVE.

Jesus was sent to save. We have been saved to be sent. We are sent into our community to share the Good News that Christ came to save us, and we hope to see many who find new life.

EQUIP.

We want to equip those very people in the Word so that they can continue to grow as disciples of Christ. From our preschool to our adults, our passion is to see everyone equipped in the Gospel to live a life of freedom and joy.

SEND.

Lastly, we then want to see those equipped people sent into their community and world. From schools and playgrounds, to families and work places, we want to see people who are spiritual leaders in their life, showing people the truth of Christ's Good News.

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COMMUNITY GROUP HOMEWORK

What stuck out to you the most or was the most impactful from the message on Sunday? _____

Read **1 Peter 5.5-14**. What words or thoughts through these first few verses jump out at you? _____

Read **2 Corinthians 1.8-10**, and **Psalms 118.13**. When were times when you felt so overwhelmed, that you could not possibly see any way out of it? _____

What is your natural response when you are in the midst of very difficult situations? Do you press into God more, or do you press into your own ability, ingenuity, planning, or strength? Be specific how this looks for you. _____

How do Paul's words here remind us of what our response really should be? _____

Why is this usually more difficult for us to do? _____

Self-sufficiency kills worship. In **1 Peter 5.5-7** Peter warns us that when we depend on ourselves, God will oppose us. How does the picture of "casting all your anxieties" as a fishermen's term help you see the difference between trusting in yourself for life's anxieties and trusting in Christ? _____

Worry is like praying to yourself. It's the same action (mental "meditation"), it addresses the same issues (problems, plans, anxieties), but each is "addressed" to a different problem-solver (you, or God). How does your prayer life give an accurate indication of how prideful or humble of a life you are living? _____

When we live our life without acknowledging God or depending on Him for our needs, victories, problems, and blessings we have, we are living a godless life. It is "Christ-less" Christianity. Spurgeon said "a prayerless soul is a Christ-less soul." Martin Luther said "to be a Christian without prayer is no more possible than to be alive without breathing." It's easy to feel burdened by these kinds of statements, but even with that in mind, we need to cast the anxiety we may have of being prayerless and proud people onto the shoulders of Christ. The great irony is that He even died for THESE sins! This is the beginning of repentance and humility which will lead to a humble and dependant life.

Read **Mark 9.24**. Note the "juxtaposition" here. How can you apply this prayer in your own life concerning pride, humility, prayerlessness, and dependence? _____