

## ROOT LIST

But each person is tempted when he is lured and enticed by his own desire. Then desire when it has conceived gives birth to sin, and sin when it is fully grown brings forth death.

**James 1:14-15** (ESV)

<p><b>DESIRE (ROOT):</b>          Inner Lust of the Flesh.          Idols          Lies You Believe          Heart Issues</p>	<p>Write out the various desires and longings that you have.          Be as specific as you can with describing them.</p>	
<p><b>SIN (FRUIT):</b>          Actions          Words and Thoughts          Ways You are Not Like Christ</p>	<p>Be specific in listing out the varying sins that have come to fruition.</p>	
<p><b>DEATH (RESULT):</b>          Consequences of Your Sin          Shattered Aspects of Life</p>	<p>What has resulted in your life due to your sin?          What has been wrecked because of your sin?</p>	
<p><b>RESTORATION:</b>          Who Have You Sinned Against?</p>	<p>Who have you sinned against, and in what ways?          Be specific with specific instances.          What do you need to ask forgiveness for?</p>	

**You have made us for yourself, oh Lord.  
 Our hearts are restless, until they find their rest in You.  
 -Augustine**

## **Idol Hunting Test** (partially adapted from JD Greer's book, **Gospel**)

- What things are you most passionate about?
- What do you first think of when you wake up, go to bed, and during the day?
- Where do you turn for comfort when things are not going well?
- What one thing do you most hope is in your future?
- What is the one thing you most worry about losing?
- If you could change one thing about yourself right now, what would it be?
- What thing have you sacrificed the most for?
- Who is there in your life that you feel like you can't forgive, and why?
- When do you feel the most significant?
- What triggers depression in you?

**Worry, fear, sadness, and depression are smoke  
from the fires rising from the altars of idolatry.  
-Augustine**

## SUBTLE SINS AND IDOLATRY EXPOSURES

- Bitterness
- Entitlement
- Frustration/Irritation
- Bossiness
- Defensiveness
- Stubbornness
- Arrogance
- Anger
- Material Things
- Past Hurts
- Apathy
- Sins We've Committed
- Controlled by Emotions
- Critical
- Greedy/Ungenerous
- Negativity
- Feelings of Rejection
- Feelings of Stupidity
- Feeling Worthless
- Impulsive
- Lust for Pleasure
- Strive to Repay Kindness
- Can't Take Compliments
- Opinionated
- Overly Sensitive
- Can't Take Any Criticism
- Passivity
- Blame Shifting
- Resentful
- Self-Depreciation
- Self-Pity
- Self-Reliance
- Temper
- Workaholic
- Laziness
- Manipulative
- Confrontational
- Spins the Truth
- A Need to Always be Right
- Hyper-Competitive
- Sore Loser
- Lying
- Great Pride or Identity From Something Other Than Jesus (College, Education, Nationality, Political Affiliation, Job/Resume, etc.)
- Gloating Winner
- Say Things With Irritable Tone, i.e.:
  - "Are you serious?!"
  - "I am so irritated right now."
  - "I told you so."
  - "Are you kidding me!?"
- Unreliable
  - "I promise, this time..."
  - Constantly Late
- Apologize, then Excuse
  - "I'm sorry, but..."
- Comparing Yourself to Others
- Comparing Spouse to Others
- Mean-Spirited
- Sexual Lust
- Holds Grudges
- Wonders "What's in it for me?"
- Clingy
- Need to Always Upgrade (car, electronics, clothing, house, etc.)
- Need to Always be in the Loop
- Don't Like to See Others, Especially "Enemies," Succeed or be Happy
- Insecurity
- Cause Arguments
- Obsessed with Appearance
- Interrupts in Conversation
- Prejudice
- Judgmental
- Name-Dropper
- Brag About Anything (money, accomplishments, job, kids, etc.)
- Worry About the Future
- Anxiety
- Self-Reliance
  - "I Got This."
  - Refuse Help When Offered
  - Won't Ask for Help
- Wastes Time at Work
- Vindictive
- Dismissive
- Waste Lots of Time
- Bad With Money/Poor Spending Habits
- Childish
- Makes Impulsive Decisions
- Justify Mistakes
- Irresponsible